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# PREPARING FOR CAMP

## Are You Ready?

Deciding if your camper is ready for camp can be a big and hard decision. Here are a few things that might help your family make this decision:

- » We ask that campers be able to shower, get dressed, brush their teeth, and go to the restroom independently.
- » We understand that bathroom accidents happen and are equipped to assist when they occur. However, we ask that campers come prepared with nighttime protection or other items if they are not quite able to make it through the night.
- » We ask that campers are comfortable and experienced in spending the night away from home. Please do not have camp be the first time your camper spends the night away from mom and dad. We suggest practicing with sleepovers at a friend's or family member's house before sending your camper to camp!

## What Can You Do?

Getting your camper ready for camp can be a big task. Here are a few things we suggest doing:

- » Go over camp's rules and policies with your camper before they come. It is good for all of us to be on the same page and going over these before hand can help campers learn more about what they should expect at camp. See rules and policies below!
- » Please avoid making bribes or promises to your camper especially if they conflict with camp policy. Making promises to your camper such as "you can call me if you get homesick" go against our policies since calling home has been found to make homesickness worse.
- » Lastly we ask that you do not send your camper to camp while in the middle of a big life change (divorce, death of family member, removal of prescription medication) as a new place during times like these could become overwhelming. If you do decide to send your camper to camp during one of these times please make us aware of the situation so we can help them as much as possible.



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# WHAT TO PACK

- ☐ 10 T-shirts
- ☐ 4-5 pairs of shorts
- ☐ 1 Pair of jeans or pants
- ☐ 8 Pairs of socks
- ☐ 8 Underwear
- ☐ 1 Jacket or sweatshirt
- ☐ 1 Raincoat
- ☐ 1-2 Swimsuits or swim trunks
- ☐ 1-2 Pajamas
- ☐ Hat/Sunglasses
- ☐ 2 Towels (river and shower)
- ☐ Toiletries (toothbrush, toothpaste, shampoo, soap, hygiene products)
- ☐ 1 Nalgene or water bottle (at least 24 oz)
- ☐ PB&J: pen, Bible, journal
- ☐ Sunscreen & Insect repellent
- ☐ Flashlight and extra batteries
- ☐ Daily use backpack
- ☐ 1 Pair of tennis shoes or other shoes with a secure heel strap to hike in
- ☐ Medications (must be packed separately from other luggage in their original bottles with the camper's name on the front, also must be listed on camper's Health History Form)
- ☐ Laundry bag
- ☐ Twin bedding (sleeping bag or sheets)
- ☐ Pillow and blanket

## TIPS

- » Please limit your bags to **one** trunk/suitcase under 15in in height and **one** laundry bag.
- » Pack clothing that is comfortable in hot weather and can get wet and dirty
- » Campers should not pack suggestive or revealing outfits or articles of clothing that promotes inappropriate topics
- » Please label everything with your campers first and last name

## Optional Items

- ☐ Inexpensive or disposable camera
- ☐ Overnight protective underwear (ex: goodnights) \*see guidelines on bed wetting
- ☐ Book to read during rest time
- ☐ Shower shoes
- ☐ Water shoes
- ☐ Sleeping bag - **This is required if you want to do outdoor camping during the week**

**DO NOT BRING:** snacks, electronics: cell phones, video games, digital music players, e-readers (These will be collected and stored safely if brought), guns, fireworks, water balloons, knives, drugs, expensive jewelry or clothing, permanent markers, and anything else that you would miss if it were lost!



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# GETTING TO CAMP

## Directions

### From Dallas

We recommend taking 377 South to Granbury and on to Stephenville, or 67 south through Cleburne and on to Stephenville. From Stephenville, stay on 377 south through Brownwood and Brady. After going through downtown Brady, take 190 west to Menard. In Menard, turn left onto 83 south. Continue on Highway 83 south to Junction. At I-10 get on and go east approximately 6 miles to the 83 south exit. Follow 83 south another 29 miles to Highway 41. Turn right (west) and go 16 miles. Take a left turn (south) onto Hackberry Road, which is a dirt road. Camp Eagle is 8 miles ahead!

### From Abilene

Get on Highway 83 south going towards Junction. In Junction follow the signs for Highway 83 south on to Interstate 10 and stay on I-10 until you see the exit for Highway 83 south towards Uvalde. Take Highway 83 south about 30 miles until you come to the intersection for Highway 41. Turn right onto Highway 41 going west. Stay on Highway 41 for about 15 miles until you come to Hackberry Rd and see the signs for Camp Eagle. Turn left onto Hackberry Road and continue 8 miles until you reach Camp Eagle.

### From Austin

Take 290 West through Johnson City, Fredericksburg, and Harper. Go south on 479 to I-10 and then go west one exit to Exit number 490 (Hwy 41/Mountain Home, Rocksprings). Turn left under the highway and go west on 41. After two miles you will cross Hwy 27. Continue on Hwy 41 for 22 miles to the intersection of 41 and Hwy 83. Cross 83 and go 16 more miles on Hwy 41. Turn left onto Hackberry Road, which is a dirt road. Camp Eagle is 8 miles ahead.

Please double-check your GPS, MapQuest, or Google Maps! They will sometimes take you the wrong way, especially when it comes to turning into Hackberry Road. Please use these directions to double-check your route.

### From San Antonio

Take I-10 West toward El Paso past Kerrville to exit number 490. The sign says Hwy 41, Mountain Home/ Rocksprings. Turn left under the highway and head west on 41. After 2 miles (at Mountain Home) you will cross Hwy 27. Then at 22 miles later you will come to the intersection of Hwy 41 and Hwy 83. Continue west on 41 another 16 miles, then turn left onto Hackberry Road, which is a dirt road. Camp Eagle is 8 miles ahead.

### From Houston

We recommend taking Hwy 290 to Austin or I-10 West to San Antonio and follow the directions for those cities!

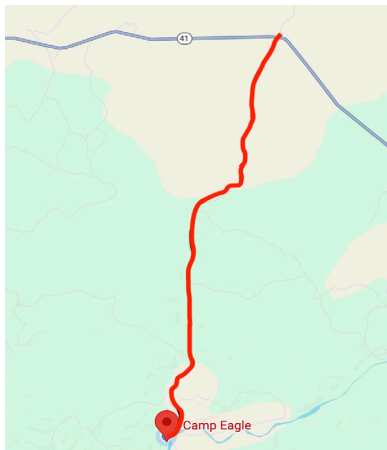
### From West Texas

Get on I-10 going east towards Junction. Pass through Junction about 8 miles until you come to the exit for Highway 83 south towards Uvalde. Take Highway 83 south about 30 miles until you come to the intersection for Highway 41. Turn right onto Highway 41 going west. Stay on Highway 41 for about 15 miles until you come to Hackberry Rd and see the signs for Camp Eagle. Turn left onto Hackberry Road and continue 8 miles until you reach Camp Eagle.



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# GETTING TO CAMP



## Hackberry Road

Please know we are an outdoor adventure camp in every sense of the phrase. Even our 8-mile dirt road driveway is an outdoor adventure.

While a 4x4 is not necessary, we do ask that you abide by the 25 mph speed limit and be courteous of the 2-way traffic.

**Our Address:** 6424 Hackberry Road Rocksprings, TX 78880

## Lodging

If you'd like to break up your journey to Camp Eagle and rest along the way, we recommend staying in one of the many Kerrville, TX hotels. Kerrville is the nearest town to Camp Eagle, located approximately 70 miles east. Please fill up your gas tanks before leaving Kerrville!

### Hampton Inn

2038 Sidney Baker St .  
Kerrville, TX 78028  
(830) 257-0600

### Y.O. Ranch Resort

2033 Sidney Baker St.  
Kerrville, TX 78028  
(830) 257-4440

### Days Inn

2000 Sidney Baker St.  
Kerrville, TX 78028  
(830) 896-1000

### Inn of the Hills

1001 Junction Highway  
Kerrville, TX 78028  
(830) 895-5000

## Bus Rides

Rides are a one-way trip to Camp Eagle with Camp Eagle staff; campers **MUST** be picked up on closing day. Rides must be purchased at least one week before your session begins through your online account. Space is limited and provided on a first-come, first-served basis.

### Houston

- » \$160 per camper
- » 10 AM at the Bass Pro Shop parking lot located in Katy Mills
- » 5000 Katy Mills Cir #415, Katy, TX 77494

### San Antonio

- » \$75 per camper
- » 2 PM at the Bass Pro Shop parking lot located at The RIM
- » 17907 I-10, San Antonio, TX 78257



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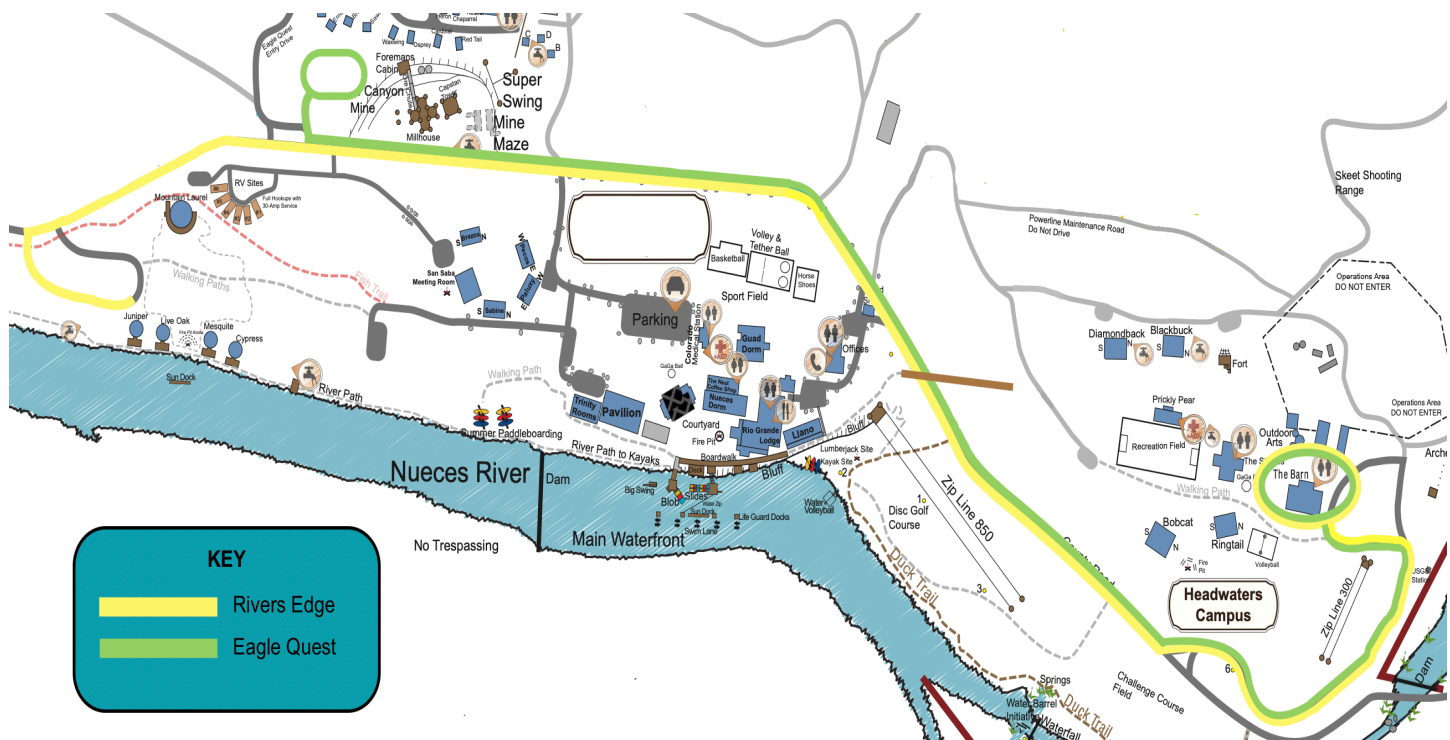


# ARRIVAL & DEPARTURE

## Check In

Check in for **ALL CAMPUSES** will be at the barn from 3:00pm-5:00pm. Within the barn there will be areas to check in your camper, take pictures, ask any administrative questions (mail drop off, camp credit, remaining balances, etc), pick up your squirrel bag, and drop off meds.

If your camper is a part of River's Edge or Eagle Quest start your check in at the barn! Once checked in head up to your designated campus (see map below). When you get to your camper's campus, you will have the opportunity to move your camper into their cabins and meet their counselors!



## Check Out

Check out for **ALL CAMPUSES** will start at the barn at 9 with complimentary breakfast for families. After breakfast, our closing ceremonies will start at 10 where we will debrief the week and watch the recap video of all our great adventures! Additionally, at closing ceremonies you will have the opportunity to check out your camper, pre-register for next year (with a 10% discount), pick up meds, look through the lost and found, and check out our family retreat opportunities for the year!



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# CAMP EAGLE SAFETY

## First Aid

We have multiple Wilderness First Responders, certified by a national training organization, on staff to respond to emergencies 24/7, as well as an on-call physician for consults. Additionally many of our summer staff are trained as lifeguards and/or have CPR/First Aid/AED certification.

## Camp Rules & Policies

All staff at camp go through extensive training and vetting in order to ensure the safest experience for your camper. Additionally many rules are implemented into camp life that ensure extra levels of safety for campers and staff. Before your camper attends camp, please help us educate your camper on what is acceptable and unacceptable behavior for staff and campers. This effort will help protect not only your camper but also our staff and other campers. Any violation of these boundaries will result in disciplinary consequences deemed necessary by leadership. These disciplinary consequences can range from sitting out of an activity to getting picked up early from camp. These rules are but not limited to:

- » **Rule of 3:** When going anywhere campers must be accompanied by a Camp Eagle staff member and another camper/person
- » **Open area one-on-ones:** any individual conversations a camper has with their counselor must occur in an open well lit area within the eye sight of others

### Not Appropriate Talk

- » Compliments, comments, or questions relating to physique or body development
- » Sexual jokes or bathroom humor
- » Swearing or vulgar language
- » Verbal harassment or abuse
- » Individual secrets or special gifts
- » Sexual coaching or conversation
- » Demeaning and insulting language

### Not Appropriate Touch

- » Private back rubs, massages, etc.
- » Touching of private parts, clothed or not
- » Touching someone in anger, disgust, or frustration (no physical punishments **EVER**)
- » Frontal hugs
- » Sexual embraces
- » Lap and leg sitting
- » Kissing
- » Intimate wrestling, tickling, or close embraces
- » Sitting or laying in any bed that isn't yours

### Modesty

- » One shall never "sit around" or "walk around" the cabin without clothing covering private areas normally covered by clothing. Towels must be worn at all times going to and from the shower. (No exceptions!)
- » **Swimsuit policy:** We expect all guests and staff to dress modestly while at camp. You should always be covered by lifejacket, modest swimwear, and/or clothing unless in a private changing or shower area. Example 1: While swimming, everyone must wear a lifejacket and modest swimwear. Example 2: When removing a lifejacket, everyone must put on clothing immediately afterwards.
- » It is against policy to display sexual body parts intentionally, even as a joke.
- » It is NEVER ACCEPTABLE to expose the private parts of another person.



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# CAMP EAGLE SAFETY

## Camper Code of Conduct

At Camp Eagle, we are committed to creating a safe and fun environment for all campers. By attending camp, each camper agrees to follow these guidelines to ensure a positive experience for everyone.

### No Harmful Behavior

- » No physical violence, fighting, or aggressive behavior.
- » No possession or use of prohibited substances (alcohol, drugs, tobacco, etc.)
- » No possession of weapons or dangerous items.
- » No Bullying

### Positive Attitude & Participation

- » Encourage and support fellow campers.
- » Try new things and give your best effort in all camp activities.
- » No coercion is allowed on camp activities, so no poking fun or insults to someone who chooses to not participate.

### Respect Others

- » Treat other campers, counselors, and staff with kindness and respect.
- » Listen when others are speaking and follow instructions from Camp Eagle staff.
- » Use appropriate language, no bullying, teasing, and avoid excluding others.

### Consequences for Violations

Failure to follow the Camper Code of Conduct may result in:

- » Warnings from camp staff.
- » Loss of privileges or removal from activities.
- » Communication with parents/guardians regarding behavior.
- » Dismissal from camp without a refund in serious cases.

### Safety First

- » Follow all camp rules and safety guidelines.
- » Stay with your assigned group during activities, and inform a counselor if you need to leave the group and inform them where you are going. Counselors will give final permission before you may leave the group.
- » Use equipment and participate in activities

### Respect Property & Nature

- » Take care of camp facilities, equipment, and the natural environment.
- » Clean up after yourself and dispose of trash in trash cans. No littering.
- » Do not vandalize or damage camp property or the belongings of others.
- » Do not take any items that are not yours without permission. If the owner of the item asks you to return it, then the item will be returned to the owner.

By attending Camp Eagle, each camper agrees to uphold this Code of Conduct and contribute to a safe and enjoyable camp experience for all.



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# SCHEDULES

Headwaters		River's Edge		Eagle Quest	
8:00	Breakfast	8:00	Breakfast	8:00	Breakfast
8:30	Morning Chaos	8:30	Morning Chaos	8:45	Morning Activities
9:00	CYOA	9:15	CYOA	11:45	Lunch
11:45	Lunch	11:45	Lunch	12:45	Afternoon Chaos
12:30	Cabin Time	12:30	Cabin Time	1:30	Bible Study
1:45	Open Campus	2:00	Main Open Campus	2:30	Nest & Waterfront
2:45	Afternoon Chaos	3:00	Bible Study	4:30	Cabin Time
3:45	Bible Study	4:00	RE Open Campus	5:30	Afternoon Activities
4:30	H2O time	6:15	Dinner	7:00	Dinner
6:15	Dinner	8:00	Night Experience	8:00	Night Experience
8:00	Night Experience			9:00	Night Activities

## Morning & Afternoon Chaos

Morning and afternoon chaos are the times in the day where we talk about our theme and scripture for the day. For our Headwaters campus this includes songs, skits, and games. For our older campuses this is a time for worship, reading scripture, and personal quiet time.

## CYOA

Choose your own adventure gives our campers the freedom to choose what activity they want to go on each day. Our younger campers have the chance to pick between fun activities that are tailored just for them such as our Headwaters rock wall, 850 foot zipline, and arrow tag! Our older campers have the ability to go on some of camp's biggest and most exciting activities, such as the big rappel, power pole, and 3,000 foot zipline! See our website to learn more about all the activities we offer.

\*One of our activities is shooting guns at our shotgun or rifle range. Please let us know if this is something you are not comfortable having your child participate

## Open Campus

Our open campus time gives campers time to explore all of the exciting things available at their campus. At Headwaters that means going on all the barn activities, playing gaga ball/volleyball, or playing in the tree house! River's Edge and Eagle Quest campers can explore main camp's waterfront, sports courts, and the Nest. They later get to hang out at their own campuses playing games, swimming, or making friendship bracelets!



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# SQUIRREL BAGS, CREDIT & ROOMMATES

## SQUIRREL BAGS

Squirrel bags are a great way to get some Camp Eagle gear that is both functional and fun! These bags come in three variations (Acorn, Oak, and Grand Oak) and must be purchased through your online account at least one week before your session begins so they can be ready for your camper.

### Acorn \$45

- » 1 Camp Eagle Bag
- » 1 Camp Eagle Shirt
- » 1 Camp Eagle Water Bottle

### Oak \$65

- » 1 Camp Eagle Bag
- » 1 Camp Eagle Shirt
- » 1 Camp Eagle Water Bottle
- » 1 Camp Eagle Hat
- » 1 Camp Eagle Journal or Football

### Grand Oak \$90

- » 1 Camp Eagle Bag
- » 1 Camp Eagle Shirt
- » 1 Camp Eagle Water Bottle
- » 1 Camp Eagle Hat
- » 1 Camp Eagle Blanket

## Camper Credit

Camp credit is money campers can spend during their visits to the Nest. This is to eliminate the need to send cash as it can get lost easily. You can add money to your camper's account online under "Camper Credit" before the session as well as monitor their balance during the week and add more funds if needed. When purchasing camper credit you will choose if the remaining funds will be donated to camp or refunded if balance is over \$5.

## Roommate Request

Request a roomie! We know it's a blast attending summer camp with a friend, so you can request a roommate for your camper on your online account under the "Roommate Request" section.

Roommates must be the same gender, be no more than two grades apart, and roommates must request each other.

# MAIL & PHOTOS

## Mail

Campers LOVE to get mail! Mail will be delivered to campers everyday at lunch. Please be courteous in the size of packages sent. Due to the number of campers and staff we have at Camp Eagle each week storage for big boxes can be an issue. Additionally, please no food or candy as it can attract unwanted insects and critters and can also create challenging situations, especially if other campers have specific food allergies.

### Pre-Written

We encourage you to “pre-write” your cards and letters and drop them off with us on check-in day. Please put your camper’s name and the day you would like them to receive each piece of mail on the front of the envelope.

### Digital Mail

We have a one-way email service where you can send messages to your camper to be printed and delivered throughout the week. You can purchase an unlimited Camper Mail package for \$10 on your online account.

### Shipped

If you would like to send your camper mail, please make sure to send it at least a week in advance through UPS. This is the address to use:  
[Your Child’s Name]  
Care of Camp Eagle- (program)  
6424 Hackberry Rd  
Rocksprings, TX 78880

## Camp Photos

We know that you want to see your camper having the most amazing week of their life. A QR code to the link will be given out at check in and we will also send out these links to your email on the first day of camp! We can guarantee at least one photo of your camper per day. Campers can also bring disposable cameras if they want to capture their adventures themselves.



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