

Recommended Packing list

What to Bring:

Dorm Style Sleeping:

- Bedding: Sleeping bags are preferred, or bring Twin Size sheets and blankets.
- Pillow
- ****Bedding and towels are provided for guests who are staying in our hotel-style lodging of the Trinity.****

Clothing:

- T-Shirts - Bring several that you don't mind getting dirty or even ruined by the end of the week.
- Shorts - Bring athletic/hiking shorts that you don't mind getting dirty or even ruined by the end of the week. Shorts should be long enough to wear a harness comfortably.
- Shoes - Hiking/athletic shoes are necessary. You may want to bring a back up pair. Bring sandals/flip flops for your shower and waterfront.
- Socks and Underwear - Bring extras!
- Rainwear - A rain jacket/poncho will be very helpful if it rains.
- Hat/Bandana
- Swimwear/Towel

Bathroom:

- Toiletries - Toothbrush, toothpaste, shampoo, deodorant, soap, etc.
- Towels - One for the shower and one for the river.

Other Items:

- Face masks
- Refillable water bottles - It gets hot at Camp Eagle, and hydration is very important!
- Hand sanitizer
- Backpack - to carry your essentials around camp.
- Flashlight or headlamp
- Insect repellent
- Sunscreen & Sunglasses
- Medications - These all need to be labeled and turned in to your Group Leader
- Spending Cash - You don't have to have any for camp, but we do have a Camp Store and Coffee Shop where you can make purchases.

What Not to Bring:

- Electronic Devices
- Weapons, knives or anything sharp
- Pets
- Alcohol or drugs
- Anything very valuable or irreplaceable.

Your Group Leader may have additional items that they request you to bring with you or leave behind. Please confer with your Group Leader for additional information.