

RETREATS Info Packet

Family Camp - Fall Session

**This is a tentative schedule. Please note that while it will most likely follow this sample, the retreat host will send you a schedule and packing list within two weeks of the event.

FRIDAY

6:00 pm - 8:00 pm: Check-in @ office foyer

8:00 pm: Orientation & mini session

9:00 pm: Zip 850, bonfire, & s'mores

SATURDAY

8:00 am: Breakfast @ the Lodge

8:45 am: Session

10:00 am: Scavenger hunt at the Caliche Pit

(includes ore chute slide)

12:00 pm: Lunch @ the Lodge

1:00 pm: Free Time - The Nest Coffee Shop is

open until 4:30 pm

3:30 pm: Rock Climbing

6:00 pm: Dinner @ the Lodge

7:30 - 8:00 pm: The Nest Coffee Shop is open

7:30 pm: Games and crafts - free time

SUNDAY

8:00 am: Breakfast @ the Lodge

8:45 am: Session

9:30 am: Zip 3000 (1-mile hike, 250 lb. weight

limit) - free time

12:00 pm: Lunch @ the Lodge

1:00 pm: Departure

FREE TIME ACTIVITIES:

- Kayaking (equipment provided)
- Mountain Biking (BYO gear... helmets are required!)
- Fishing (catch & release only, BYO gear)
- Sports Courts (volleyball, basketball, field games - balls in the green box by the field courts)
- Hiking

Questions? Please contact us at retreats@campeagle.org



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BASIC PACKING LIST:

- Twin-size bedding or sleeping bag (does not apply to Trinity rooms)
- Pillow
- Towel & washcloth
- Comfy clothes—plan for warmer days + cooler evenings & mornings
- Swimsuit
- Comfy shoes—closed-toe preferred—you can hike in
- Spending money for the camp store & coffee shop
- Personal toiletries, medications, & first aid supplies
- Flashlight
- Bible, notebook, & pen
- Refillable water bottle
- Sunscreen & bug spray
- No pets! even cute & cuddly pets