

RETREATS Info Packet

Family Weekend

**This is a tentative schedule. Please note that while it will most likely follow this sample, the retreat host will send you a schedule and packing list within two weeks of the event.

FRIDAY

6:00pm - 8:00 pm Check-in @ Office Foyer

8:00pm Orientation & Mini Session

9:00pm Zip 850, Bonfire, & S'mores

SATURDAY

8:00am - Breakfast @ the Lodge

8:45am - Session

10:00am - Scavenger Hunt at the Caliche Pit (includes ore chute slide)

12:00pm - Lunch @ the Lodge

1:00pm - Free Time - The Nest Coffee Shop is open until 4:30pm

3:30pm - Rock Climbing

6:00pm - Dinner @ the Lodge

7:30 - 8:00pm - The Nest Coffee Shop is open

7:30pm - Games and Crafts - Free Time

SUNDAY

8:00am - Breakfast @ the Lodge

8:45am - Session

9:30am - Zip 3000 (1-mile hike, 250 lb. weight limit) - Free Time

12:00pm - Lunch in the Dining Hall

1:00pm - Departure

FREE TIME ACTIVITIES:

- Kayaking (equipment provided)
- Mountain Biking (BYO gear... helmets are required!)
- Fishing (catch & release only, BYO gear)
- Sports (volleyball, basketball, field games - balls in the green box by the field courts)
- Hiking

Questions? Please contact us at retreats@campeagle.org



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BASIC PACKING LIST:

- Twin-size bedding or sleeping bag (does not apply to Trinity rooms)
- Pillow
- Towel & washcloth
- Comfy clothes—plan for warmer days + cooler evenings & mornings
- Swimsuit
- Comfy shoes—closed-toe preferred—you can hike in
- Spending money for the camp store & coffee shop
- Personal toiletries, medications, & first aid supplies
- Flashlight
- Bible, notebook, & pen
- Refillable water bottle
- Sunscreen & bug spray
- No pets! even cute & cuddly pets