

Invite a guest to the Monday Luncheon Meeting.



Our speaker for today's luncheon meeting was Megan Estrada with Hub City Outreach. She was introduced by Kadee Harcrow and Kadee stated that "Instead of having her hardship define her (Magen), she has defined her hardship and is now

helping other people."

Megan is a co-founder of the Hub City Outreach Center. She started off by giving some information about herself and then about Hub City Outreach Center. Five hears ago, she made a decision that she was "done" working for an entity that did not align with her values. She took a leap of faith and with some of her colleagues, all became co-founders of the Hub City Outreach Center. This is a non-profit organization with the purpose to help, give the tools and opportunities, to youth and families to achieve health and wellness, after being in the ashes of life-long adversities. Hub City Outreach Center (HCOC) provides a variety of services to help youth and families to develop their capacities to achieve social, behavioral, mental health, and wellness.

Megan stated that if you asked her years ago if she would one day be in a leadership role as this, she would have stated "you were crazy". Before she was 18, she survived a stroke, teen pregnancy, abuse, drug addiction, and cancer for the first time. So her passion comes from her own life experiDIGITAL NEWSLETTER
Date: 05/23/2022

ences. Because of her life experiences, she knew she wanted change and needed to change in order to survive. The challenges that were meant to destroy her, taught her how to survive and to overcome her adversities. Her vision of opening a non-profit organization to help at-risks youths to understand themselves, their value, and to point them into and support them to a bright future, was utmost, regardless of where they were planted.

(Continue on next page)

UPCOMING SPEAKERS AND EVENTS

05/24/2022—BOARD MEETING,
Picoso's 12:00 Noon. Try to get there
early and order your food. This is the
end of the fiscal year board meeting.
05/30/2022—MEMORIAL DAY – NO
NOON MEETING
06/06/2022—Shelby's Place and Big
Hatters to wear their Western Big
Hat
06/13/2022—Brittany Riviera

06/13/2022—Brittany Riviera
06/20/2022—LEPA Buddy Holly Hall
Director Michelle Stephens
06/27/2022—Gordon Davis
07/04/2022—4TH OF JULY HOLIDAYNO NOON MEETING
07/11/2022—Big Brothers Big Sisters
07/18/2022—Lisa Grinstead with Visit
Lubbock

(Continued from previous page – Speaker: Megan Estrada with Hub City Outreach Center)

She stated she doesn't know it all, but what she does know is she will continue to grow each day, she is blessed to live for today, and live for others. She doesn't want to just exist, but to live for today and be examples for others. To show others it is possible to change...and they too can break their barriers.

Being Hispanic, you face many more adversities when being in business. She believes in helping other Hispanics to break the barriers and give them the tools to be successful. Her motto is "Start where you stand, use the tools you do know...no matter how far-fetch your dream may seem...you do have the tools to be successful. Time will never be just right. If she had waited to start for the perfect time, she would not be in the position she is in today. She stated she literally was fired the day she decided to start the HCOC. It is through the HCOC she decided to provide a solution to the problem with our youth and families in this community.

She and her co-founders worked hard to obtain two State Funded Grants, and other multiple grants (i.e. the Community Foundation of West Texas). HCOC is the only non-profit organization receiving State funding in our region that provides intervention services. HCOC is a thriving community resource, and you can invest in the future through their Scholarship Funds.

Megan grew up in Abernathy and learned the value of hard work. When she was young, she worked with her family in the cotton fields. It was working in the cotton fields that something shifted in her...she decided to change herself...she was going to be the change in her family. And, she believed she would make it despite her challenges. In order to overcome your adversities, you have to believe in yourself. Since 2008 she has been in recovery.

HCOC team provides preventive services and other services free. They offer: substance use prevention services, wellness presentations, mentoring, youth clothing and hygiene closet, education and food assistance, volunteer and internship opportunities, and referrals and resources. They believe with a dose of education; your dreams can become reality! This all started in a 400 square foot room with their own laptops and donated chairs. She states they literally started at the very bottom. Today, they are very blessed and proud of where they are now. It was even her parents who build a conference table. In 2019 they moved into their very own building.

It is their Youth Team who provide wonderful, evidenced based intervention programs in a wide range of settings: including schools, after school programs, behavioral modification, community based organizations, and intervention. Their team will also target substance abuse situations and behavioral intervention for at-risk youth. In another area, youths are taught how to make and maintain healthy friendships; how to be good managers of their time, talent, money, possessions and their emotions. To reflect and maintain their feelings, time and energy so they will become successful.

Based on their March figures you can see their impact number:

- Youth receiving curriculum 1,143
- Youth receiving drug education and positive activities 14,362
- Adults receiving drug education and positive activities 1,487
- Youth participating in outreach (1st and 2nd year) -- 1,115
- Adults participating in outreach (1st and 2nd year) -- 2,052

They believe in outreach services such as passing out food packs to the Impact families who are in need. Megan lists many other outreach services the youth and adults area involved in.

For further information on how you can become involved or support their cause, please view their website <u>HUBCITYOUTREACHCENTER.ORG</u> or visit with them at 4 Briercroft Office Park, Lubbock, Texas 79412; phone 806-701-1687.

Megan Estrada is an amazing lady who overcame many adversities. She is a great example of what it takes to change a person's life for the good...and yet, take on the challenges of helping others.



It is hard to believe I have been the editor of the Lubbock Monterey AMBUCS Newsletter, fondly called the BUC & BULL, for two years. I had some pretty big shoes to fill as I followed Gary McDonald, an endeared editor for many, many years.

My mission was to keep people informed as to what was going on. This took special meaning during the COVID pandemic...as I did not want our members to feel out-of-touch.

Rather, I wanted the members who couldn't come to the meetings to know we were still a functional non-profit organization...and working hard to ensure we were able to continue giving scholarships to therapists, AMTRYKES to those so deserving, and we were providing so many other service projects to the Lubbock Community and South Plains area. Sure, there were times only a small number of people came to the meetings. But we made it...and now, we are growing. We are seeing younger service minded people becoming new members...giving this dynamic chapter of AMBUCS fresh ideas and some of the new members in supportive roles.

As editor, I found this a growing experience. When I took the editor's position, I didn't have a clue what should be done...it was a trial by error experience, especially since we were going digital. I remember sending out the first couple editions, and most who received it, told me it was jumbled up. Come to find out, I would have to make it so you could receive it on your cell phones and/or computers. A big "thank you" goes to Scott Piercy, who guided me on this technical portion to ensure you received it and could read it easily. Another person, I wish to thank is Robbye Hendryx who assisted me in the beginning to proof the newsletter to the best of our abilities.

Once I got my feet on the ground, I found out I could be as creative as I wanted to be, or as straight as an arrow as I wanted to be. I can laugh now, as my plan was to have a 4-page newsletter. Well, as you know, many times, it flourished to 10+ pages. Personally, the newsletters became a historical timeline of what our chapter of AMBUCS accomplished...AMTRYKES to those who needed them, community service projects, scholarships to therapists, and of course fundraisers—of which was the end of the hamburger restaurant at the South Plains Fair, and the birth of SUMMERFEST. And, from time to time, I pushed the envelope by writing editorial articles called "Just a Thought to Ponder".

This is my final newsletter. Stacy Creitz had volunteered to become the new newsletter editor; however, due to a change in demands and added responsibilities at her work, she spoke up and let me know she could not do this after all. First of all Stacy, thank you for trying to step up. Secondly, life is fluid, and in many instances, we don't know what is around the next corner. Stacy has been given more responsibility in her position and better pay! So, *congratulations to Stacy* regarding her work situation. Your employer realizes how important you are to them!

Lubbock Monterey AMBUCS, therefore, is needing a newsletter editor. Please contact, Bobby Sanders at 806-928-5945. All you need to know is how to type and take cell phone photos. Elizabeth will train you on the technical portion.





It was a great day for Marie Gentry. Marie became our newest member to the Lubbock Monterey AMBUCS.



Marie had been visiting another Chapter that was way out-of-the Lubbock area. Robbye Hendryx learned about Marie at the Southwest Conference in Amarillo and contacted her. Today, President Bobby Sanders swore her into the club!! Congratulations Marie, we look forward to working with you. Welcome aboard!!



LUBBOCK CHALLENGER LITTLE LEAGUE is a service project of the LUBBOCK MONTEREY AMBUCS. This year, LUBBOCK CHALLENGER LITTLE LEAGUE is in its 30th year of serving kids with physical and mental challenges. Our very own member, JEFF GIBSON, with other AMBUCS, were instrumental in getting this off the ground 30 years ago. Jeff has served as LCLL President, LCLL board member, plus being a coach. Since the beginning of LCLL, Jeff has been there overseeing it and making sure the kids are just like any other kids playing baseball and having fun. This year, Jeff is the coach for the Yankees team, and this is the team LUBBOCK MONTEREY AMBUCS sponsors.



On the next page are the calendars for May and June showing all the teams' play times. In addition, on Saturday, June 4th, Lubbock Monterey AMBUCS along with ServPro, will be providing the *closing hot dogs lunch* for players and their family at 11:00 am. The closing ceremony luncheon will be at Maxey Park (further information as to specific location to come).



Richard Hamilton needs volunteers from Lubbock Monterey AMBUCS to assist in this event. Please text Richard, 806-789-6137, your name and let him know you can be there for the June 4^{th} hotdog event.

Until June 4th, look at the calendars on the next page and go out and watch the Yankees Team, coached by the Number One Coach and a member of Lubbock Monterey AMBUCS, Jeff Gibson. You will enjoy this pure form of baseball and the excitement the kids have. The Challenger Baseball field is east of Milwaukee Avenue and south of the Marsha Sharpe Freeway access road. Parking lot entrance is accessed off the MSF access road. ENJOY AND SUPPORT THIS GREAT SERVICE PROJECT!! You'll be smiling all the way!!

MAY



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 6pm Pirates vs Reds 7pm Rangers vs Astros	6pm Mets vs Red Sox 7pm Marlins vs Rockies	4	5 6pm Cubs vs Royals 7pm Cardinals vs White Sox	6 6pm Astros vs Pirates 7pm Mets vs Rangers	7 9am Red Sox vs Cubs 10am Reds vs Marlins
8	9 6pm White Sox vs Yankees 7pm Rockies vs Cardinals	10 6pm Marlins vs Pirates 7pm Mets vs Astros	11	12 6pm Cardinals vs Reds 7pm Cubs vs Rangers	13 6pm Yankees vs Rockies 7pm White Sox vs Royals	14 9am Astros vs Marlins 10am Cubs vs Mets
15	16 6pm Pirates vs Cardinals 7pm Reds vs Yankees	17 6pm Rockies vs Royals 7pm Red Sox vs White Sox	18	19 6pm Cubs vs Astros 7pm Cardinals vs Marlins	20 6pm White Sox vs Rangers 7pm Yankees vs Pirates	21 9am Royals vs Reds 10am Rockies vs Red Sox
22	23 6pm Marlins vs Yankees 7pm Astros vs Cardinals	24 6pm Pirates vs Royals 7pm White Sox vs Mets	25	26 6pm Rangers vs Rockies 7pm Reds vs Red Sox	27	28
29	30	31 6pm Royals vs Astros 7pm Rockies vs White Sox	1	6pm Rangers vs Cardinals 7pm Red Sox vs Yankees	3	4 11am LCLL PARTY at Maxey Park

JUNE



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2 6pm Rangers vs Cardinals 7pm Red Sox vs Yankees	3	4 11am LCLL PARTY at Maxey Park
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

Inspiring Mobility & Independence



Bobby Sanders asked all Ambuc members to remember the phrase:

"YES I CAN"

Marble-O

Marble-O is a fund raiser for the Big Hat Club. The monies raised go to auctions at the Regional and National Conventions to purchase AMTRYKES. Richard Hamilton has recently added a new marble to the bag...a shiny white and blue marble. Should you draw that one, you'll receive \$10.00. Draw the Cat-eye marble, you'll receive \$5.00. Draw the white marble, you'll receive one-half of the PROGRESSIVE MONEY COLLECTED to that date. To participate and have a chance to draw, you must purchase a ticket(s) from Richard. GOOD LUCK!!

Had a change in your phone number, home address, email address, etc.? Please email Elizabeth Middleton, emiddleton7aol.com, and provide the changes so we can update the member directory, mailing lists, email list, etc. Thank you.

THE HAPPY BIRTHDAY AND ANNIVERSARY RECOGNITION CORNER

Our Fire Extinguisher Birthday Wishes
Go To
Sean Moore 05/28

Anniversary Wishes Go To Rick and Cathy Sosebee 05/26 Tom and Erin Owens 05/28 Oscar and Susan will 05/31



AMBUCS FOCUS INFORMATION

Guests attending today's luncheon:

Today, Jeff Gibson brought his guest, Andrew Worthy. Thank you, Jeff!

HAND SHAKER PROGRAM

The hand shaker program is designed for you to get to know your fellow AMBUC, and it is also a fundraiser for the Amtryke program. Each member puts a dollar into what is referred to as the "Hand Shaker Pot" when they come into the meeting. At the end of the meeting if your badge number is drawn you are eligible for half of the monies collected for that meeting.

To be eligible to win half of the pot you must do the following:

- Put in your \$1 (that is no option)
- Before you sit down to eat, you are to go around the room and greet each member who is already seated and call them by their first name (i.e.: Hi Richard). If it is a guest, you are to introduce yourself to the individual.
- Each member's badge has a number applied to the back of the badge. At the end of the meeting, usually our speaker is asked to pull out a chip with a number on it.
- If that person is present at the meeting they are eligible for half of the pot, **provided they shook or** into today's world did an elbow or fist bump with the mystery hand shaker.
- If they did not make contact with the mystery hand shaker, then the money rolls over to the next meeting.
- The "Hand Shaker Program" raises around \$480 during our fiscal year or half of an Amtryke.
- It is the responsibility of the Sargent-at-Arms to pick the mystery hand shaker for the meeting.



PRAYERS FOR:

DAVE KING AND FAMILY—for the passing of his sister; prayers for comfort and peace.

HUGH LANKFORD'S FRIEND – Mindy Myers McClure who has been in the hospital with an autoimmune encephalitis. Prayers for comfort and for her physicians to be guided in her care.

HONOR FLIGHT, ESPECIALLY TOMMY BOYD – May they all return safely. CHANGING OF THE OFFICERS AND BOARD MEMBERS – Blessing to those who served and those who will be serving... may they make wise decisions.

Dave Hallberg is our AMBUCS Southwest Region Director and he is a "hands-on" type of guy!! He is our go-to support person when we need information, assistance, and/or guidance when it comes to the operations of our Chapter. He is an important person for all Chapters who may be struggling with their scorecard and he will help solve issues quickly! *Dave has lots of resources to help for all who just ask.* He has great ideas and has a terrific success record. Should you have questions, you can give him a call: (817) 247-0494 or email him at swrambucs@gmail.com. Thanks Dave for being so "hands-on". "Shoulders Together".

MISSION STATEMENT:

Inspiring people to conquer challenges related to mobility and independence, through a nationwide network of volunteer chapters, working in partnership with physical, occupational and speech therapists; by providing AMTRYKE adaptive trykes, scholarships for therapists and many forms of community service.

How can you help? You can become a <u>member</u>, a <u>sponsor</u>, or make a <u>donation</u> to the Lubbock Monterey Chapter of AMBUCS. For more information, please visit our website: <u>montereyambucs.org</u>



Feel free to wear your Western Big Hat OR Big Hat Ball Cap to the club anytime. A list of approved dates you need to wear your *Western Big Hat* is listed below. It was approved Big Hat members could be fined \$5.00 if not wearing your Western Hat. Be sure you also have your By-Laws and membership.

Wear your Western Big Hat on the first Monday on the designated months:

Spring Roundup-March and April

June

August

Branding Time – October and November





August 23-27, 2022
AMBUCS National Conference
Birmingham, Alabama

The room block for the 100th Anniversary Conference is open!

Sheraton Birmingham Hotel - 2101 Richard Arrington Blvd., Birmingham, AL 35203, US. Room rate is \$139 /night before taxes.

Our discounted room rate is also good 3 days before and 3 days after the actual conference, so come early and stay late if you can!"

You can make your room reservations here.

CHAPTER PRESIDENTS

For this historical event, we want to honor the history of every current AMBUCS chapter, even if your members are unable to attend National Conference. By July 15, 2022. We're asking all Chapter Presidents to send an email to jayl@ambucs.org, with subject "Chapter History" and the following attachments:

A Microsoft Word document with a brief (no more than 1,000 words, please) summary of your chapter's history and two digital photos of groups or activities, one from "then" (at or near the beginning of your chapter) and one from "now" (a current day photo) that represent your chapter."



Donna Rose Shattuck (AKA: Madam Secretary) was not able to attend the 62nd Installation Banquet. She was sworn in on 05/23/2022 at the regular Monday Luncheon Meeting. Donna Rose is a "Yes I Can" spirited member. When she was asked to serve as the Chapter's Secretary, she was reluctant and somewhat nervous. However, she took the position with

a serious attitude and has performed remarkably. Her efforts were a job well done for the 2021-2022 fiscal year. Now, Donna Rose accepted to be the secretary of the Lubbock Monterey AMBUCS for a second year (2022-2023 fiscal year). According to President Bobby Sanders, she accepted it immediately and said "Yes I Can" ... "put me down for another year!" President swore her in and thanked her for working tirelessly preparing the National Reports and meeting the required timelines. Donna Rose received an award for being the Chapter's Secretary for the 2021-2022 fiscal year. Thank you, Donna Rose.



Jeff Gibson was not able to attend the 62nd Installation Banquet as he was coaching the Yankees Team on the Lubbock Challenger Little League. This is the team Lubbock Monterey Chapter of AMBUCS supports. Today during the luncheon meeting, President Bobby Sanders presented Jeff with the "Volunteer of the Year Award".

This is a new award under this title, and Jeff is the first to receive such an honorable award. Jeff has been a member of the Lubbock Monterey Chapter for 35 years. His passion for AMBUCS is overwhelming and he is always willing to support every endeavor the club supports. Jeff worked tirelessly at the Fair Restaurant and all other events and supports community non-profits. He is a Past President and a Big Hat Club Member. When it comes to sign up sheets to support the chapter, or even supporting the other two Lubbock AMBUC chapters, his name is always one of the first on the list. Many of the members from Lubbock Monterey AMBUCS recognize him as "Mr. Challenger". For over 33 years, Jeff has demonstrated a committed to the Challenger Program. This season is the 30th season for the Lubbock Challenger Little League and Jeff has been there helping them whether being the President, board member or coach.

President Bobby Sanders best said the following: "My friend your AMBUC family would like to recognize you for your commitment and dedication—the Challenger family loves you and your AMBUC family loves you." "Jeff, thank you for your outstanding service." Congratulations Jeff and thank you for being a member of the Lubbock Monterey Chapter of AMBUCS.

LUBBOCK MONTEREY AMBUCS OFFICERS AND COMMITTEES

June 1, 2021 – May 31, 2022

Rev. 04/04/2022

OFFICERS

President-Bobby Sanders
President Elect-Rick Sosebee
Vice President-Richard Hamilton
Treasurer-Roger Clark
Secretary-Donna Shattuck
Sergeants At Arms-Hugh Lankford
and Gail King
Chaplin-Bill Wrench
Past President-Robbye Hendryx

One Year Board Members

Kadee Harcrow Subodh Patel Jim Berrier Jim Anderson

Two Year Board Members

Shauna Brown Thad Politte Brett King Taylor Bristow

Appointment-non voting

Webmaster/Newsletter Elizabeth Middleton

SOCIAL

Rollo Gurss. Chair

Jim Berrier David Brenholtz Shauna Brown Stacy Creitz Stephen Fannin Jeff Gibson Kadee Harcrow Richard Hamilton Gail King Hugh Lankford Kim Owens **Bobby Sanders** Eric Sansom Rick Sosebee Pam Sweeten Mike Webster Oscar Will

SUMMERFEST COMMITTEE

Richard Hamilton, Chair Bobby Sanders, Assisting

Secretary – Donna Rose Shattuck

Advisor - Shauna Brown

Social - Rollo Gurss; Members Stacy Creitz, Shauna Brown, Kadee Harcrow

Marketing – **Jeff Gibson**; Members Taylor Bristow, Kim Owens, Elizabeth Middleton, Jerrod Shelton, Pam Sweeten, Mike Webster, Donna Rose Shattuck

Finance – Roger Clark; Members Oscar Will, Bill Wrench, Gail King, David Fernihough, Eric Sansom

Event Tracker – Brett King

Auction - Kadee Harcrow; Members Pam Sweeten, Donna Rose Shattuck, Jim

Owens, Shauna Brown, Vicki Bunting, Robbye Hendryx

Amtryke Presentation-Jim Anderson; Members Gary McDonald, Elizabeth

Middleton, Hugh Lankford, Ron Rummel, Bil Anderson

Security – Richard Hamilton

AMBILITY

Jim Anderson Co-Chair Gary McDonald Co-Chair Elizabeth Middleton Roger Clark

MEMBERSHIP

Robbye Hendryx, Chair

Jim Berrier
Dani Brady
David Brenholtz
Roger Clark
Stacy Creitz
Chris Edwards
Jason Kennell
Brett King
Scott Piercy
Thad Politte
Ron Rummel
Bobby Sanders
Donna Shattuck
Rick Sosebee

SPONSORSHIPS

Marcus Young

Richard Hamilton, Chair

Dani Brady

Taylor Bristow

Chris Edwards

Stephen Fannin

Emmanuel Gaytan

Rollo Gurss

Robbye Hendryx

Sean Moore

Subodh Patel

Thad Politte

Oscar Will

Bill Wrench

WEBSITE & NEWSLETTER

Elizabeth Middleton, Webmaster/Editor

PROGRAMS

Pam Sweeten, Chair

Kadee Harcrow Subodh Patel Debbie Summers

PUBLICITY/VISIBILITY

Taylor Bristow, Co-Chair Mike Webster, Co-Chair

Dani Brady
Shauna Brown
Vickie Bunting
Chris Edwards
Lauren Fey
Emmanuel Gaytan
Jeff Gibson
Kadee Harcrow
Hugh Langford
Kim Owens
Jerrod Shelton

FINANCE

Rusty Thoma

Eric Sansom, Chair

Jim Berrier Taylor Bristow Roger Clark Lauren Fey

Kadee Harcrow (Scholarships Only)

Hugh Langford Sean Moore Pam Sweeten Rusty Thoma Oscar Will

Bill Wrench