

RETREATS Info Packet

Minister's Escape

**This is a tentative schedule. Please note that while it will most likely follow this sample, the retreat host will send you a schedule and packing list within two weeks of the event.

MONDAY

1:00 - 3:00 pm: Check-in at the office foyer

3:15 pm: Meet up for activities

3:30 pm: Activities - Camp Tour or Sherpa Trek

6:00 pm: Dinner @ the Lodge

7:30 - 9:30 pm: Night Zip 850

8:00 - 10:00 pm: The Nest Coffee Shop is open

WEDNESDAY

8:00 am: Breakfast @ the Lodge

9:00 am: Barn activities

11:00 am: Departure



TUESDAY

8:00 am: Breakfast @ the Lodge

9:30 am: Activities - Zip 3000

12:00 pm: Lunch in the Dining Hall

1:00 pm: Prayer, Worship, and Devotional with

Camp Eagle Staff

3:00 pm: Activities - Rappel, Top Rope Climbing,

or The Nest Coffee Shop

6:00 pm: Dinner in the Dining Hall

8:00 pm: Campfire @ The Nest with s'mores

(Camp Eagle Story w/ the Director)

8:00 - 10:00 pm: The Nest Coffee Shop is open

FREE TIME ACTIVITIES:

- Kayaking (equipment provided)
- Mountain Biking (BYO gear... helmets are required!)
- Fishing (catch & release only, BYO gear)
- Sports (volleyball, basketball, field games balls in the green box by the field courts)
- Hiking

Questions? Please contact us at retreats@campeagle.org



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BASIC PACKING LIST:

- Twin-size bedding or sleeping bag (does not apply to Trinity rooms)
- Pillow
- Towel & washcloth
- Comfy clothes—plan for warmer days + cooler evenings & mornings
- Swimsuit
- Comfy shoes—closed-toe preferred—you can hike in
- Spending money for the camp store & coffee shop
- Personal toiletries, medications, & first aid supplies
- Flashlight
- Bible, notebook, & pen
- Refillable water bottle
- Sunscreen & bug spray
- No pets! even cute & cuddly pets