



Retreats Packing List

BASIC PACKING LIST:

- Twin-size bedding or sleeping bag (does not apply to Trinity rooms)
- Pillow
- Towel & washcloth
- Comfy clothes that can get dirty in a range of temperatures and weather conditions –plan for warmer days and cooler evenings/mornings
- Swimsuit
- Good shoes for hiking on rocky terrain
- Spending money for the camp store and coffee shop (if not using camp credit)
- Personal toiletries, medications, and first aid supplies*
- Flashlight or headlamp
- Bible, notebook, and pen
- Refillable water bottle
- Sunscreen and bug spray
- **No pets!** - even cute and cuddly pets

***Please bring your own first aid as Camp Eagle will not provide them during the nonsummer months.**

Questions? Please contact us at retreats@campeagle.org

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