

LUBBOCK MONTEREY BUC & BULL



The Fun Way to Serve!!

Invite a guest to the Monday
Luncheon Meeting.

DIGITAL NEWSLETTER

Date: 02/28/2023



**AmTryke Recipient Nathaniel Martinez at our
Regular Monday Club Luncheon on February 6**

Nathaniel Martinez, a 15-year-old student at Frenship, was joined by his father Steven who works for CPS and his mom, Michelle, who is a stay-at-home mom.

Nathaniel said his favorite subject in school is art, and his mom said he has 3 siblings and has really been looking forward to being able to ride his new bike outside with them.

Like Maddie last month, Nathaniel couldn't wait to get on his new bike and cruise around the room, much to the delight of his Grandma Estella and his Aunt Holly.



The original contact was made thru our Facebook link to Member Kadee Harcrow, and the bike was donated by Member Rusty Thoma and his wife Jency.

Nathaniel has Smith-Magenis Syndrome which is similar to an Autism condition. He does not have a regular PT, but we are blessed to have Analisa Riggins, a Member of the Caprock Club, to do the bike fittings in these cases. A big thanks to Analisa!



5 year-old AmTryke Recipient Luke Liang joined us at our February 20 Lunch, along with his mom Lucy, his grandma and sister Lily. Also with him were his PT & nursing contingent – Chancie Wid and Annie DeLeon of Aviana, and Debbie Jones who is a Speech Pathologist with Angels of Care.



We also want to say thanks to Member Don Lynn and his wife Sue who were the sponsors for Luke's bike.

UPCOMING SPEAKERS AND EVENTS

03/06/2023 TTU Coach Jody McGuire
Joint Meeting with Rotary Club
Big Hatters Wear Your Western Big Hat!!

03/13/2023 – Texas Rangers
Joint Meeting with Rotary Club

03/20/2023 Amie Duemer
South Plains Kidney Foundation

03/27/2023 – Reliant Energy

03/28/2023 – March Board Meeting
Saltgrass Steakhouse at Noon

Here are some quick NEWS BRIEFS.

- **City Proclamation for AMBUCS Visibility Month:** We were honored to have City Councilman Mark McBrayer join us for Lunch on February 6 to recognize Lubbock Monterey AMBUCS as part of the National AMBUCS Visibility Month for our extensive service to Lubbock over the past 60+ years.

Until he actually read the proclamation, Councilman McBrayer, like many folks in our city, said he was not aware of the extensive service by AMBUCS clubs in Lubbock, especially the building of the special needs playground at Maxey Park which is in his Council District.



- **Grant for Parkinson's Program:** At our February Board meeting, we were joined by Andee Rose (left in photo below) and Caitlyn Isaguirre, two students in the TTU Therapy Program who had put together a grant request that would provide equipment for an exercise class for Parkinson's patients in the Lubbock area.

While Parkinson's patient's movements are significantly diminished, according to research by TTU researcher Dr. Farley, the patients apparently have the ability to produce normal movements if provided 3 x's a week exercise in a class where they are shown how to do the movements in an exaggerated fashion using the special equipment being requested.

The Board approved a \$500 Grant to cover costs on necessary equipment for the 2 ladies to begin setting up such a class and testing Dr. Farley's findings. While they will graduate this year, they are planning to facilitate the program's continuing without them.



- **TTU School of Health Professions Gives Back Money:** At our February 6 Lunch we were joined by Lindsey Johnson of TTU SHP, who presented our club a check for \$2,500. Lindsey had joined us for Lunch in December as we had presented a check from Monterey AMBUCS for \$32,000 for 39 Scholarships, ranging from \$500-\$4000, for a select group of the school's therapy students.



We had a Great Valentine Social on February 15th!



There's nothing that beats being there in person, but hopefully you can tell a little bit by the pictures above that for those who attended the Valentine's Social, it was a fun evening.

We were a day late, but not a dollar short, as we celebrated Valentine's Day this year with a tremendous meal at the Italian Gardens, complete with an incredible desert selection and some really tasty wines - thanks to the BYOBers who were nice enough to share. 😊

A big thanks to the Social Committee, who presented each lady with a rose, and everyone received a bag of candy. It was a special time of being able to bring our spouses, significant others, or friends, and to even welcome a couple of potential New Members, Deana Zaccardo and Amy King. We should be having stories on them once our Spring Round Up kicks off on March 1.

As you can see in one of the photos above, it was even a time to have families, as Shawna Brown who took photos of each couple in our own "photo booth" snapped a photo of Member Emmanuel Gaytan, along with his wife Latessa and his two girls, 3-year-old Francesca and 1-year-old Kataleya.

We have one more Social in April before wrapping up the fiscal year with our special Installation Banquet on Monday, May 15 at the Center Point Convention Center. Mark your calendars now and JOIN IN.



One quick cross-club announcement: We were joined at our February 27 Lunch by Downtown AMBUCS President, Randy Elbert (right above) and Mark Putnam, Chair of this year's Annual ABC Pro Rodeo – an event that will be celebrating 80 years this year!

They were promoting the upcoming 80th ABC Pro Rodeo which will be March 30, 31, and April 1 at the Mallet Center in Levelland, as well as the Kick-Off with Ross Cooper on Friday, March 24th from 7-11 pm.

Individual Tickets for that event are \$35 each or you can Sponsor a Table for 8 for \$300. The event includes a Silent & Live Auction, and a Ross Cooper Band Dance.

We had two more great Luncheon Speakers in the Month of February



On February 6, we had Erin Vacca, Program Coordinator with TTU University Career Center (right above) and Natalie McCain, who is a Senior and current Intern in the program. Erin shared the department is patterned after a program at Clemson and provides sponsored paid internships (both inside and outside TTU) for students to work in their area of schooling. They can earn \$15/hr for 30 hrs/wk for 150 hours total.

The program provides internal workshops in addition to the on-site job, covering goal setting, resume building, and dream promotion; and while TTU provides that teaching, they are always looking for opportunities within the Lubbock Community where the students can work in a business tied to their career choice and learn first hand from someone with a direct knowledge base.

Natalie is in charge of the Career Closet, which is a donation-based program that collects professional clothing and provides it at NO COST to students needing the clothing for a job interview or actual work. She said the program is 5 years old, but has apparently taken off in the past year, and *“any new donations would be greatly appreciated”*. You can contact Natalie at www.careercenter@ttu.edu if you'd like to donate or you can contact Erin at the same link if you'd like to find out more about sponsoring an Intern.



Our speaker for February 20 was Christy Reeves, Executive Director for the Lubbock Habitat for Humanity going on 5 years now. LHH is a Christian Faith-based program that has been in Lubbock since 1987, *“and has been investing in the community by providing no interest, affordable home loans to folks like single mom car hops and hospital maintenance workers.”*

Potential new home prospects have to qualify by filling out an app that is *“very comprehensive”* and go before a volunteer Community Review Board for an Interview. Additionally, they have a home visit to be sure they do have a real need and, finally, participate in 100 hours of construction on either their new home or another LHH house, where they learn a lot about the actual care and maintenance of their new home.

After their new home is built, the potential owner is re-certified to be sure they are ready to own their own home, and after everything is cleared and approved, LHH becomes the Mortgage Lender on a real mortgage! LHH then tops it all off with a home dedication event, where the new owner is prayed over and presented the keys to their new home – just like the scene in my all-time favorite movie, *It's a Wonderful Life*, where Jimmy Stewart and Donna Reed are welcoming the Martini family to their new home in Bailey Park. 😊

While the new home building portion of LHH is probably best known, there is a newer piece of the program called ReStore where furniture and other household items can be donated for resale to the community. LHH recently consolidated all their facilities in Lubbock into one beautifully-renovated new space at 3530 50th Street directly across from Home Base. If you want info on LHH contact Christy at www.creeves@lubbockhabitat.org .

President Bobby Sanders was so impressed with Christy's energy and enthusiasm that he asked the Club to immediately approve her taking over as President! That spot's about to be covered by just-as-enthusiastic Kadee Harcrow. Maybe someday - Christy said she'll be signing up once Spring Round Up officially begins on March 1.

As we begin our Spring Membership Round Up this month, here is a great piece produced by Elizabeth Middleton to help all of us, as current Members to better understand, not only what we can do to bring in New Members, but, more importantly, what each of us can do to make sure they become Active Members.

IT'S ALL ABOUT RECRUITMENT AND SPRING ROUND UP

A chapter cannot stand still in its membership, or it will fall by the wayside. For a chapter to grow and be vibrant there must be planned approach...**MEMBERSHIP GROWTH IS THE KEY.**

WHAT ARE THE SEVEN GOLDEN STEPS TO A SUCCESSFUL RECRUITMENT?

Establish Contact	Awareness
Arouse Interest	Follow Up!!
Ask For a Commitment	Follow Up Again!!
Retention and Follow Up One More Time!!	

WHAT DO YOU NEED TO LOOK FOR IN A NEW MEMBER?

You should ask any person whom you think can fulfill the membership requirements, the following.

- Can he/she afford to belong.
- Will he/she attend an orientation meeting after joining.
- Will he/she serve and participate on one or more committees of his/her choice.
- Will he/she try to attend a minimum of 50% of scheduled meetings socials for the year.
- Can he/she schedule personal time for benefit of the chapter when necessary; such as SummerFest, etc.
- He/She believes in the AMBUCS MISSION, "Creating Independence for People with Disabilities."

AS A MEMBER OF AMBUCS, WHO SPONSORS A PROSPECTIVE GUEST, WHAT ARE YOUR RESPONSIBILITIES?

- Find out what your prospect wants from their membership: Three common reasons: service of the club (mission), business contacts (networking), and making new friends (social).
- Oversee your new member by seeing the club is meeting their reason for joining.
- Be there as an informational resource and guide them to feel welcomed and have the desire to participate. "Shoulders Together."
- Should they be in the prospective stage and have not committed yet, keep asking them to attend. When introducing them at the luncheon meeting, do so with the reason they associate with the club. Example: This is Jimmy Jones with XYZ Corporation. Jimmy is a guest of Lubbock Monterey AMBUCS. Because of our MISSION, Jimmy is considering in becoming a member of the LUBBOCK MONTEREY AMBUCS. Help me welcome Jimmy to today's luncheon meeting. (Members should come up and talk with Jimmy after the meeting to make him feel welcome and interested in him joining.)
creeves@lubbockhabitat.org

HOW SHOULD YOU DESCRIBE THE CHAPTER OF LUBBOCK MONTEREY AMBUCS TO YOUR PROSPECTIVE MEMBER?

AMBUCS is made up by a group of people who believe in the MISSION of AMBUCS. AMBUCS is designed to create independence for people with disabilities and this is accomplished both at the chapter and national levels.

WHAT IS A CHAPTER'S COMMUNITY SERVICE PROJECT?

Lubbock Monterey AMBUCS support many community service projects. Two major projects are Scholarships for Therapists and AMTRYKES for those with disabilities. Other projects, agreed upon by the board during a fiscal year are Lubbock Challenger Little League, Arrow Foster and Adoptions, Sunflowers for the Prevention of Suicide, etc.

WHAT ABOUT PROGRAMS AT THE LUBBOCK MONTEREY AMBUCS MONDAY LUNCHEON MEETINGS?

The program committee, strives to obtain speakers who are meant to inform, allow you to grow in knowledge and understand areas of interests and needs.

AS A MEMBER, HOW DO WE HAVE FUN BEING A LUBBOCK MONTEREY AMBUC?

AMBUCS is an active civic/social chapter, allowing opportunities to meet new friends, having socials for you to build friendships, new networks, and be a part of other functions within the chapter, while having fun and demonstrating "Shoulders Together".

WHAT ARE THE CHAPTER'S OPERATIONS?

Lubbock Monterey AMBUCS runs its chapter in a simplified manner through the board and committees. Each member participates on at least one committee of their choice. You put your input at the committee level regarding the directions of the committee and chapter's direction. All chapter business is conducted at monthly board meetings and reported to the chapter by committee chairpersons or at a luncheon meeting. Members can come to board meetings.

WHAT HAPPENS WHEN YOUR PROSPECTIVE GUEST BECOMES A NEW MEMBER?

- Secure the signed application.
- The chapter President or Secretary will write a letter of congratulation and welcome the new member.
- The applicant is inducted into membership by the President in a formal ceremony before the chapter members.
- The new member fills out a committee preference sheet and chooses one to three committees to serve on.
- The sponsor pays special attention to the new member and makes sure the chapter delivers on why the new member joined and is meeting the member's needs and wants.

WHAT ARE THE OUTCOMES OF MEMBERS PARTICIPATING IN RECRUITMENT OF NEW MEMBERS?

- Lubbock Monterey Chapter will grow.
- New ideas keep the chapter flowing and prevent staleness.
- New members move up by growing within the ranks and taking on responsibilities of the chapter.
- There is a common Mission allowing growth in funds, helping those who need scholarships, AMTRYKES, and fulfill other approved community service projects.
- Development of new friendships and new networks. • Socials support "Shoulders Together" while having fun.

We are the Lubbock Monterey AMBUCS. Proud of our past. Engaged in the present. Excited about our future. As it was in 1960, and as it still is today, We Stand Shoulders Together.

Inspiring Mobility & Independence



**Bobby Sanders asked all AMBUCS members to remember the phrase:
“YES I CAN”**

Marble-O

Marble-O is a fund raiser for the Big Hat Club. The monies raised go to auctions at the Regional and National Conventions to purchase AMTRYKES. Richard Hamilton has recently added a new marble to the bag...a shiny white and blue marble. Should you draw that one, you'll receive \$10.00. Draw the cat-eye marble, you'll receive \$5.00. Draw the white marble, you'll receive one-half of the PROGRESSIVE MONEY COLLECTED to that date. To participate and have a chance to draw, you **must** purchase a ticket(s) from Richard. GOOD LUCK!!

Had a change in your phone number, home address, email address, etc.? Please email Elizabeth Middleton, emiddleton7aol.com, and provide the changes so we can update the member directory, mailing lists, email list, etc. Thank you.

THE HAPPY BIRTHDAY AND ANNIVERSARY RECOGNITION CORNER



**Our Fire Extinguisher
Birthday Wishes
Go To**

Thad Politte 03/15

Emmanuel Gaytan 03/18

Anniversary Wishes Go To

Elizabeth Middleton/Mickey Sharp 03/17

Jim & Vicki Berrier 03/18

David & Jo Beth Brenholtz 03/18

Taylor & Emily Bristow 03/23

Stewart & Kristi Townsen 03/23



HAND SHAKER PROGRAM

The hand shaker program is designed for you to get to know your fellow AMBUC, and it is also a fundraiser for the Amtryke program. Each member puts a dollar into what is referred to as the "Hand Shaker Pot" when they come into the meeting. At the end of the meeting if your badge number is drawn you are eligible for half of the monies collected for that meeting.

To be eligible to win half of the pot you must do the following:

- Put in your \$1 (that is no option)
- Before you sit down to eat, you are to go around the room and greet each member who is already seated and call them by their first name (i.e.: Hi Richard). If it is a guest, you are to introduce yourself to the individual.
- Each member's badge has a number applied to the back of the badge. At the end of the meeting, usually our speaker is asked to pull out a chip with a number on it.
- If that person is present at the meeting they are eligible for half of the pot, **provided they shook or into today's world - did an elbow or fist bump with the mystery hand shaker.**
- If they did not make contact with the mystery hand shaker, then the money rolls over to the next meeting.
- The "Hand Shaker Program" raises around \$480 during our fiscal year or half of an Amtryke.
- It is the responsibility of the Sargent-at-Arms to pick the mystery hand shaker for the meeting.



PRAYERS FOR:

Let me know if there are any special prayer requests to post.

Special blessings for elected officials.

Special blessings for City, County, State, National and International leaders.

Special blessing for our AMBUCS Officers.

Dave Hallberg is our AMBUCS Southwest Region Director and he is a "hands-on" type of guy!! He is our go-to support person when we need information, assistance, and/or guidance when it comes to the operations of our Chapter. *Dave has lots of resources to help for all who just ask.* He has great ideas and has a terrific success record. Should you have questions, you can give him a call: (817) 247-0494 or email him at swrambucs@gmail.com. Thanks Dave for being so "hands-on".
"Shoulders Together".

MISSION STATEMENT:

Inspiring people to conquer challenges related to mobility and independence, through a nationwide network of volunteer chapters, working in partnership with physical, occupational and speech therapists; by providing AMTRYKE adaptive trykes, scholarships for therapists and many forms of community service.

How can you help? You can become a member, a sponsor, or make a donation to the Lubbock Monterey Chapter of AMBUCS.

For more information, please visit our website:

montereyambucs.org